

***Please join District 103 and LADSE for an evening designed for ALL families. When the schools and parents are giving consistent messaging, our children are the benefactors:***

***Student Stress, Anxiety, and Dealing with Loss:  
Coping strategies for families***

***By Dr. Robin Choquette, MD***

Dr. Choquette's practice, Elite Performance Counseling, Inc., is a testament to her vision of building trustworthy and respectful relationships with her clients and community. Robin works with individuals from preteen through older adulthood in individual psychotherapy, family therapy (including parenting strategies), couples therapy, and skill seminars. Robin serves as an Account Manager for AMITA Behavioral Health. Previously she served as the supervisor in the Alexian Brothers Behavioral Health Hospital PHP School Anxiety School, and worked in several of the outpatient programs, including Self Injury, Center for Addiction and Eating Disorders. Dr. Choquette co-authored the Successful Parenting Workbook.

***Please join us for this presentation. We look forward to seeing you.***

***When:*** ***Thursday, April 25, 2019***

***Time:*** ***7-9 p.m.***

***Where:*** ***George Washington Middle School Cafeteria***

***4100 S. Joliet Avenue, Lyons, IL***

***Enter Door #19 at the back of the School on Joliet Ave.***

***Parking in the funeral home lot, District and GWMS lots is available.***

***In an effort to enhance Parent/School Partnerships, the parents of all Lyons Township districts are invited:***

***Lyons Township High School District 204***

***LaGrange School District 102***

***LaGrange School District 105***

***Pleasantdale School District 107***

***Western Springs School District 101***

***Lyons School District 103***

***Highlands School District 106***

***LADSE***

***This program is sponsored by Lyons School District 103 and LADSE.***